UCSF JOURNAL

CAMPUS MAIL

University of California, San Francisco
San Francisco, California 94143

BLACKMAN, BETH A CLS
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April 1984
Volume 8 Number 2

Poly Plan on Hold

UCSF's Proposal Good For Campus and Community

Artist's conception of plazas and buildings in UCSF's proposal for Poly High.

Discussions between the University of California and the S.F. Unified School District staff about a proposal that UCSF lease the site of the abandoned Poly High School for moderate-cost rental housing, parking and recreation have been put on hold while the School District completes a study of its needs for the next three to five years. Chairperson Myra Kopf of the Committee on Buildings, Grounds and Services made the announcement at its meeting Tuesday night, April 3.

Kopf stated that "at this moment" she is not considering any proposal for Poly, and will not until she gets the results of the study which will indicate whether or not the School District should hang on to the Poly High site for a possible future baby boom generation. The study probably will be completed in June.

Meantime Chancellor Krevans and Mayor Feinstein are discussing ways in which the campus plan—if accepted by the School Board—could include housing for San Franciscans who are not part of the campus family and UCSF students, faculty and staff. The plan already proposes shared recreation and parking facilities. Another meeting with the Mayor has been scheduled for mid-April to discuss this possibility.

The University had submitted a new proposal to the School District, on the Friday preceding the April 3 meeting, in which the University made a lease-only offer with no purchase option. Because of the study, however, the School District staff has not yet brought this new offer to the School Board for consideration.

The original UC proposal—which would require approval by both the San Francisco Board of Education and the Regents of the University—was for UC to pay $2.8 million for a 75-year lease for the site, with an option to purchase for an additional $1 million.

The Board Committee at its meeting on February 7, however, sent it back to staff for further clarification. The committee indicated it would not agree to sell the 3.2-acre site, which is located between Carl and Frederick streets immediately adjacent to the northeast corner of the UCSF campus. Also, it asked that the School District staff reaffirm the value of the property.

As a result, the staff of the School District and the staff of UC are continuing discussions of a lease only, and, in addition, the University is discussing with Mayor Feinstein the possibility of some sort of joint use with the city.

The UCSF preliminary plans for the site were to replace all of the 72-year-old Poly High School buildings with housing of from 230 to 270 units in architecturally pleasing design with a great deal of landscaped open space, underground parking, and recreational facilities to be used jointly by the campus and neighborhood.

The buildings would be designed with a height limit of 40 feet or less, stepped down from Carl Street to Frederick Street.

The underground parking would provide one space for each unit, plus approximately 300 additional spaces which would help relieve parking and traffic congestion in the area.

In addition, some of the garage would be

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Poly Proposal

(Continued from page 1)

available nights and weekends for off-street parking for cars of neighbors and their visitors.

Under the proposed plan, the actual recreation programs would be based on results of a survey of campus students, staff and faculty. In the meantime, Tom Rolinson, associate administrative vice chancellor, and Tom Gwyn, assistant chancellor, are planning at least a third and fourth round of meetings with neighborhood groups to get their input. The amount of recreational space, and the type of programs, would depend on economic feasibility as well as desirability, they emphasized.

The UCSF plan for housing, recreation and parking at Poly addresses the needs identified in the 1982 Campus Long Range Development Plan (LRDP). It says:

"The Polytechnic High School is not part of the LRDP. The campus is, however, conducting a Polytechnic High School Site Development Feasibility Study. The purpose of the study is to explore the possible acquisition of the site and the funding required for development of junior faculty and student low-rise residential housing. Community residential housing and recreational opportunities might also be included in plans for the site that could be developed in cooperation with the community."

In discussing the UCSF proposal for a housing development on the Polytechnic High School site, Chancellor Krevans declared:

"I hope the Board of Education and the University can get together on this proposal. This is a plan which is good for the campus, good for the neighborhood and good for the city, and it would take no expenditure of city funds. It would relieve University pressure on the housing market in this neighborhood. It would provide some relief to our parking and traffic congestion problems. It would provide access to additional campus recreational programs for both the campus and the neighborhood, and it would help to enhance the quality of life for the members of the campus community and the neighborhood."

As part of the discussions with the School District, UCSF is cooperating in developing a plan for a Medical Arts High School, a plan proposed by the School District, which envisions a collaboration between the campus and its health-related resources and the School District's staff and faculty to (1) identify current and future career opportunities in the field of health; (2) explore how an enriched high school curriculum in health and science might prepare students to qualify for such opportunities; and (3) make available and coordinate the appropriate UCSF resources to carry out the program.

UCSF is prepared to make this kind of expertise available to participate in the planning of this program immediately, whether or not the UCSF Polytechnic housing plan goes forward.

Recreation Survey:

A market survey has been completed on the campus to determine what kinds of recreational facilities students, staff and faculty would prefer if facilities could be expanded. With all of the surveys returned, the order of preference is:

- **locker rooms and showers**
- **swimming pool**
- **jacuzzi/spa**
- **Nautilus weight room**
- **sauna**
- **racquetball courts**

To supplement this, the campus is planning a random sample of neighborhood opinion to find out what kinds of facilities they would be interested in if available at UCSF.

Q & A

The Benefits:

The UCSF plan would:

- **Enhance the neighborhood by the elimination of a dilapidated, decaying firetrap, replacing it with affordable rental housing with well-landscaped open space.**
- **Reduce University pressure on the housing market in the neighborhood and the rest of the city, by making housing now rented elsewhere by students available to low and middle-income San Franciscans.**
- **Make it possible for young campus families with children to move back into the neighborhood.**
- **Ensure increased safety of the Carl-Frederick neighborhood by campus police patrols.**
- **Create additional recreational facilities to be used by both campus and neighborhood.**
- **Create additional underground parking facilities—one space for each unit plus 300 extra spaces for public use.**
- **Enable several hundred students and staff to walk to work rather than drive and 300 other campus personnel to park off-street.**
- **Open these 300 extra spaces in the campus garage to patient and visitor cars, helping to relieve parking and traffic congestion.**
- **Provide off-street spaces nights and weekends for parking of neighbors' cars and the cars of their visitors.**

Q. What is the UCSF proposal?
A. To develop the long vacant and disintegrating Polytechnic High School site, which is located between Carl and Frederick streets adjacent to the northeast corner of the campus, into affordable housing and parking for students, staff and faculty of UCSF and for recreational programs accessible to both campus and neighborhood.

Q. What does the University propose to construct on this site?
A. The UCSF proposal is to replace the 72-year-old structures on the 3.2-acre site with from 230 to 270 units of affordable rental housing. It would include a large amount of landscaped open space and would be designed in an architecturally pleasing way. A sizeable area would be used for recreation for both campus and neighborhood. There would be parking for each unit, plus approximately 300 additional parking spaces for use by people who now drive to the campus, which would help reduce the severe parking and traffic congestion in the neighborhood. Some portion of these off-street parking places would be made available nights and weekends for neighborhood residents and their visitors.

Q. How would these units be planned?
A. Studies of need indicate the optimum use of the space would be for 40 percent as two-bedroom units, 40 percent as one-bedroom units and 20 percent as studios.

Q. What guarantee would the community have that UCSF would not change its mind and extend its academic programs into this area?
A. The University would include a commitment in the agreement confining the use of the property to housing, parking and recreation.

Q. Does the plan conform to existing city planning guidelines?
A. As a state institution, the University of California is not under the jurisdiction of local planning guidelines or zoning regulations. All UC campuses, however, work with the local planning agencies. In the case of Poly High, the site would be cleared for new construction of from 230 to 270 units in buildings at or below the 40-foot limit, stepped down from Carl to Frederick Street, with a considerable amount of landscaped open space. Parking would be entirely underground.

Q. Would there be an Environmental Impact Report (EIR)?
A. Yes. Before the project could go forward, the University would be required to conduct a public environmental review process and issue an Environmental Impact Report.

Q. Would the community have an opportunity to provide input in the planning process?
A. Tom Rolinson, associate administrative vice chancellor, and Tom Gwyn, assistant chancellor, are planning at least third and fourth rounds of meetings with neighborhood groups to discuss the proposal as they move through the planning process.

Q. Won't putting housing on the Poly site violate the 1976 Regents' agreement limiting the campus boundaries?
A. The Regents' agreement reached in 1976 did not preclude the campus from acquiring zoned commercial or public use (P) property, and in fact that exception to the 1976 agreement was concluded with the Poly site in mind. Even though Poly is across from the present boundary, the campus is convinced that the benefits are substantial to the city and the neighborhood, as well as to UCSF, in providing badly needed affordable housing, shared recreation, and parking to relieve congestion and traffic.

Q. What are the plans for recreation on this site?
A. A survey of the campus community has just been completed to ascertain the type of recreation most desired. As with the recreation programs already offered by the campus, these facilities

would be made available to the community. A swimming pool is among the most desired programs emerging. The survey results will be discussed with the campus and the community. At present, thousands of neighbors already are utilizing existing recreational programs sponsored by UCSF on and off the campus.

Q. Will the community's wishes be included in the survey?
A. Questions about recreation will be part of the discussion which Tom Rolinson and Tom Gwyn will have with community groups and individuals. Final plans for recreation—as with the housing project itself—would be based upon economic feasibility as well as desirability.

Q. Won't 500-plus additional parking spaces in the underground garage increase the number of cars brought onto the campus?
A. On the contrary, the presence of a parking space for each unit means 230 to 270 people now driving to the campus to work or study would be able to walk and leave their cars in the garage. The approximately 300 additional slots could take some 300 more cars off the streets and/or open more spaces in the UC garage to patients and visitors, taking *their* cars off the streets.

Q. Did the University consult with the community in developing this plan?
A. For almost seven years, since July 1977, when the School District first contacted the campus about the Poly High site, UCSF, through its Campus Planning Committee, through dissemination of minutes of the Committee, through public information meetings, and in the 1982 Long Range Development Plan, has informed the community of its interest in seeing the abandoned Poly High School site used for housing. On page 62 of the 1982 LRDP, this interest is clearly stated. In 1977-78, the campus cooperated with the Haight Ashbury Neighborhood Council (HANC) and other neighborhood groups in an effort to create a cooperative community center on the Poly High site. When that failed to materialize, the campus for four years repeated an offer to cooperate with the city in a joint housing development on the site. It was not until 1982, when nothing was forthcoming from the city or the community, that UC-San Francisco began to develop its own, preliminary proposal for a campus housing, parking and recreation project.

Q. Can some of the units be rented to people other than students, faculty and staff of the University?
A. There are restrictions on the way the University can use its funds to build housing for non-University personnel or students without endangering its tax-exempt status, which could make it financially unfeasible to move forward with this project. The campus is in the midst of discussing with the Mayor, however, the possibility of some sort of joint use of the site, within the constraints mentioned above. Further, the addition of the 230 to 270 affordable rental units on the Poly site adjacent to the campus could mean (based on existing habits and a preliminary housing study) that campus people now renting in the neighborhood would move into this development, thus opening up as many as 200 rental units elsewhere in the city.

Q. What is the proposal for a Medical Arts High School program?
A. The Medical Arts High School program is a plan proposed by the San Francisco Unified School District (SFUSD). It is our general understanding that the School District envisions a collaboration between this campus and its health-related resources and the School District's staff and faculty to (1) identify current and future career opportunities in the field of health; (2) explore how an enriched high school curriculum in health and science might prepare students to qualify for such opportunities; and (3) make available and coordinate the appropriate UCSF resources to carry out the program. UCSF is prepared to make this kind of expertise available to participate in the planning of this program immediately, whether or not the UCSF Polytechnic housing plan goes forward.

Q. What are the benefits to the neighborhood if UC does use the Poly High site for this project?
A. The UCSF plan would:

- Enhance the neighborhood by the elimination of a dilapidated, decaying firetrap, replacing it with affordable rental housing with well-landscaped open space.
- Reduce University pressure on the housing market in the neighborhood and the rest of the city.
- Make it possible for young campus families with children to move back into the neighborhood.
- Ensure increased safety of the Carl-Frederick neighborhood by campus police patrols.
- Create additional recreational facilities to be used by both campus and neighborhood.
- Create additional underground parking facilities, which would enable several hundred campus residents to walk to work, and 300 other campus personnel to park off-street. This could open 300 slots in the campus garage to patient and visitor cars, helping to relieve parking and traffic congestion.
- Provide off-street spaces nights and weekends for parking of neighbors' cars and the cars of their visitors.

Q. What will happen to the Poly High site if the University and the Board of Education cannot come to an agreement?
A. The law requires that the site continue to be offered to other public agencies and it is likely that this process would be a protracted one.

The Problem:

There are some 2,000 students living in non-University housing in the neighborhoods adjacent to the campus, and in addition there are 2,000 members of the staff and faculty who reside in the two zip codes closest to the campus—94117 and 94122.

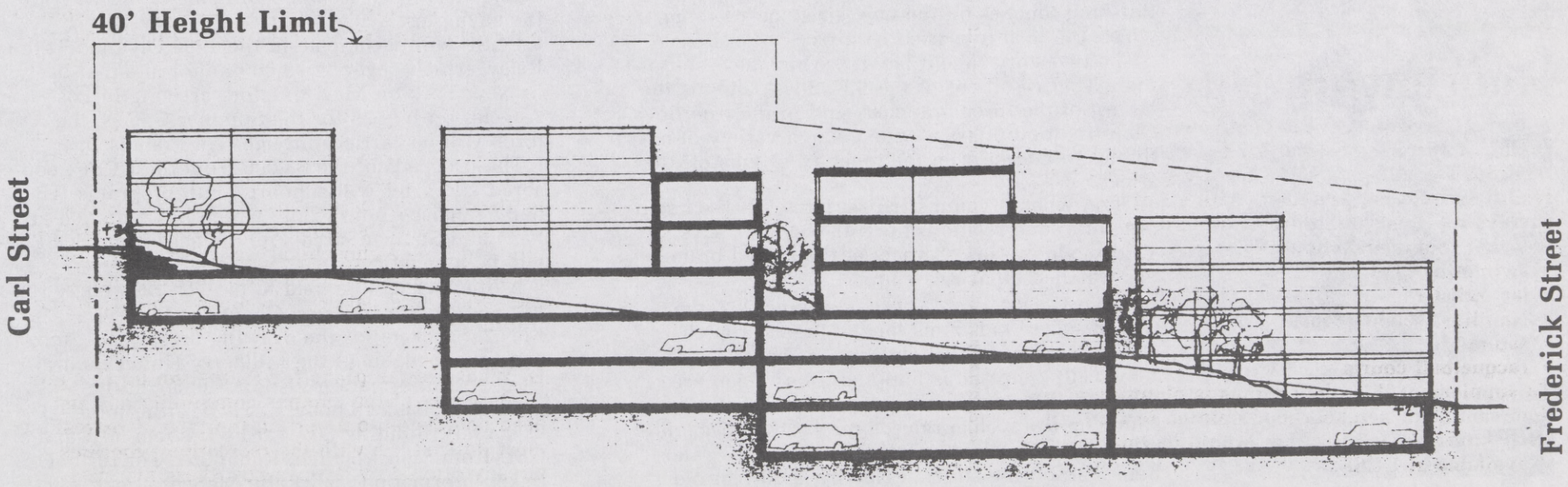
"When people talk about what 'the community' wants, they forget that we *are* part of the community too," said Tom Gwyn, assistant chancellor. "We pay rent or own property, we purchase what we need from neighborhood vendors, shop for groceries in neighborhood stores, eat in neighborhood restaurants, we pay taxes and we vote! Many of us have lived here longer than some of the people who claim to speak for this community. We feel our needs should be considered as well."

The campus faces serious problems because of the current housing situation. UCSF ranks last among the nine UC campuses in providing student housing. While the other campuses have housing objectives for at least 25 percent of their students, UCSF's combined number of married student and dormitory units is enough to accommodate only 10 percent of the student body.

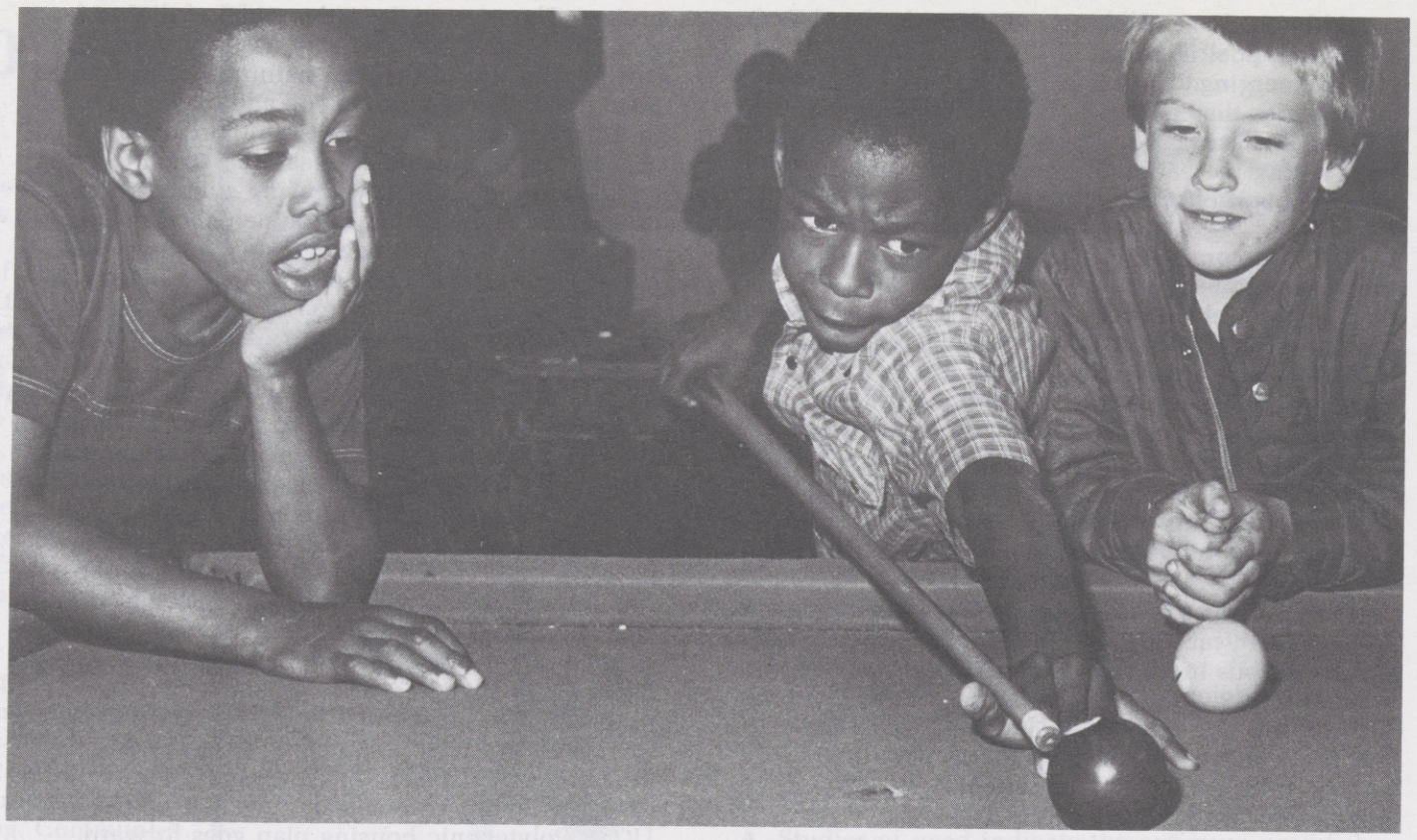
In addition, the lack of rental units and the high cost of housing in San Francisco are hampering UCSF's efforts to recruit young faculty members. They cannot afford to move to San Francisco. This is directly related to ensuring academic excellence in the future.

These problems make even more crucial the campus proposal to lease the Poly High site and build moderate-cost rental housing, as well as addressing campus and neighborhood parking and recreation needs. Spread the word! This proposal would benefit both the community and the campus.

Planning conception by UCSF for proposed Poly School housing site.



Olympic Torch Run for Boys' Club



Rumbles from Olympics fanfare and loud debate over commercialization of the games are not felt inside the San Francisco Boys' Club Ernest Ingold Branch, where, at the moment, sinking the eight ball, completing the last swim lap and touching up a nearly finished art project are all that matters in the world.

Located at the east edge of Golden Gate Park—somewhere between serenity, the Panhandle and the Stanyan Street McDonald's—the Ingold branch is one of three urban area clubhouses run by the 93-year-old youth service organization. (The other two are in the Mission and Portola districts.)

Here is a solace for troubled kids, a sports center, a shop to learn a craft or hobby or a place to go just to have fun. The club, however, is more than a hangout. Dedicated staff—with street smarts of their own—work closely with the kids. "We do a lot more than babysit, watch the facility and check out equipment. We give a lot of one-on-one attention to kids who need it," says Ingold branch director Larry Valdry, who has played the role of athletic coach, confidant, guidance counselor and arithmetic tutor, as well as that of the guy who yells at them for riding skateboards in the hallway.

The Boys' Club will be the beneficiary of UCSF's participation in the Olympic Torch Relay. The $3,000 the campus is raising for its one kilometer on the relay route may not train a future Olympian, but it will go a long way at the Ingold branch, which relies heavily on community contributions and fund-raising efforts. Three thousand dollars would be enough to send 20 underprivileged kids to the club's highly acclaimed summer camp in Mendocino or keep the old 25-passenger bus—used for Bay Area outings—running for a couple more years, purchase uniforms and athletic equipment, add new books to the club library or perhaps help put the finishing touches on the new girls' locker room.

Yes, the facility *is* used by girls.

The two-story Ingold facility, which also houses the executive offices of the S.F. Boys' Club, is the largest of the three branches, and in the true Boys' Club tradition offers a wide enough variety of activities to attract even the toughest of kids off the street.

Often when a youngster first joins, it's the beginning of a long relationship with the club, says Valdry, who in his 12 years at the Ingold branch has watched many grow up.

In the Haight, each weekday around 2:30 pm, a trek of school kids aims for the Ingold branch, where average daily attendance is about 165.

By 3:30, the place is hopping. In an open area on the second floor, three boys practice skateboard stunts on a wavelike ramp, built by the boys and arts and crafts director Jeff Wessner. ("It's safer here than on the street.") Nearby, a 10-year-old adds touches of green and purple to the oil abstract he's created. In the arts and crafts shop a kayak is under repair and a Michael Jackson sculpture is near completion.

Downstairs, a group of teenagers plays a game of three-on-three basketball. The swim area awaits kids from the Mission who will soon arrive for their weekly lessons. In the library, social/education director Audrey Valdry helps two boys with their homework.

Eight-year-old Quinnis, a second-grader at a nearby school, walks to the control desk, proudly whips his red membership card (which obviously has gone through the washing machine more than once) from his back pocket, checks out a tray of billiard balls and challenges a friend to a game of eight ball.

Quinnis, in his second year as a member, comes to the club every day after school just as two older brothers did. He stays until 5 pm, when his brother or mother picks him up. Today, he's decided to play pool, but on other days he prefers basketball, swimming, painting or something else.

After two games, there is a line of kids waiting to play "winners." Between turns, Quinnis answers some questions. He shrugs his shoulders and admits to having never heard of the Olympic Torch. He then calmly sinks the winning ball and turns to his next opponent—a 12-year-old girl.

Andy Evangelista

Chance to Run to Olympics

Your chances of running in the Olympics are probably a bit slimmer than Mary Decker's or Carl Lewis'. Everyone on campus, however, has a chance to run, at least a small part of the way, to the Olympics.

UCSF will participate in the 1984 Olympic Torch Relay, which covers a 13,000 mile route that begins in New York on May 8. Before arriving in Los Angeles on July 28 for the Summer Games, the torch will be carried through San Francisco.

The proceeds of the $3,000 from the UCSF-sponsored kilometer will support youth programs. The San Francisco Boys' Club, which has a branch at Page and Stanyan streets nine blocks from UCSF, will be a beneficiary.

A drawing will be held to pick UCSF's lucky runner and torch carrier on Chauncey Leake Day, May 22. Tickets for the drawing are $1 each and are now available at the Millberry Union Central Desk and Information/Visitors Center in the Medical Sciences Lobby; at SFGH from John O'Connor, Building 80, Ward 83, Room 301; and at CED from Stan Mandell, Room 361. For further ticket information, call Katie Menees at ext. 4421.

PEOPLE

Anybody can fly, says a woman who does. Judy Canham, a staff research associate in the Department of Pediatrics, who spends Sundays launching a hang glider off Bolinas Ridge above Mt. Tamalpais, says that her fellow pilots range from children to an 82-year-old.

Hang gliding is not a daredevil sport, Canham insists. Training today is safe and systematic. Beginners take their initial plunge from a low dune on the beach. And their first upright landing onto soft sand a fearsome three feet below is an unforgettable thrill.

Skill in the air develops gradually, says Canham. Students slowly mold their ungainly movements at the control bar into the subtle, imperceptible weight shifts they need for the highly responsive glider. They learn to catch the friendly updrafts of warm, sunny air that keep them afloat and to avoid downdrafts in the shady spots.

Still, she says, hang gliding—like any sport—has its uneasy moments, such as suddenly unfamiliar weather conditions, or the hawk that soars too close to your wing tip. Then—as in any sport—there are always a few who court peril by exceeding the limits of pilot or glider, straying from an updraft's core to "go over the falls," or barrel rolling through the air.

Stuntwork is not for Canham, who prefers the serenity of circling above ground at a gentle 25 miles an hour, while she indulges her senses: spotting deer deep in the thickets; basking in the wild flower scents that rise through the air layers; hearing the voices that drift from the beach 1500 feet below.

Canham, who is also a licensed instructor, frequently stops by training sites to offer tips, help a novice conquer a case of butterflies or recall her own first fears and triumphs. You don't have to be strong, brave, brilliant or foolhardy to learn, she says. "You simply have to want to fly."

Judy Canham dressed to fly.

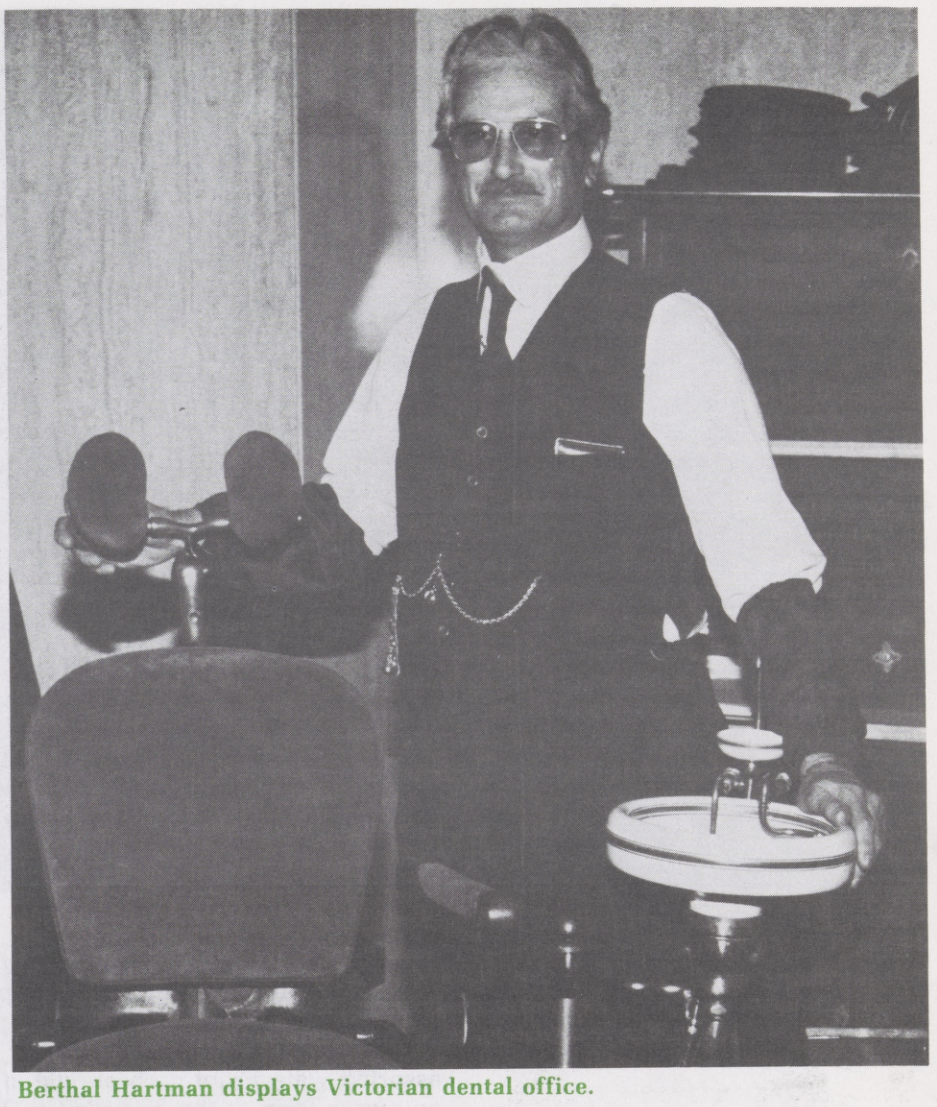
Susan Edwards with Diaperobics student.

If you think *you've* got trouble when it's time for three fillings, a new crown or root canal work, you should have been around a hundred years ago, says dentist Berthal Hartman.

Hartman, a School of Dentistry faculty member for 34 years, is the school's historian and the official accumulator of the trade's tools from the past—before the advent of anesthesia or sterilization. In his campus and community talks on the dental days of yesteryear, he invariably dresses the part—in 19th-century fishtail frock coat, silk top hat and high starched collar.

Dentists of a century ago all had flair, he says, and so did their apparatus: such as the red plush Victorian dental chair and coordinated rugs he's acquired; some delicate hand instruments with embossed pearl handles; and a set of wood-handled extraction keys, which locked "much like a basic nut wrench" onto the tooth, enabling the dentist to coax it from the gum surely, if slowly.

But even the crudest implements were born of ingenuity, as dentists throughout the years applied their creativity to improve a tool, appliance or technique.



Berthal Hartman displays Victorian dental office.

Technology advances in circles, says Hartman, who also collects old firearms, fountain pens and kitchenware. A bygone reject returns as tomorrow's cutting edge. For example, today's current miracle appliance, the "high-speed drill," is descended from a humble air drill first used in the 1860s. A hand-crank drill of the 1840s was the forerunner of the standard household egg beater. The newest in toothbrushes—with toothpaste in the bristles—originated in primitive form during World War I as a battle trench convenience. In short, "We're always reinventing the wheel."

Hartman plans to set up a complete Victorian dental office as a permanent campus display. This way, he explains, people will have a three-dimensional view of what others once lived through. "An object is worth 10,000 pictures."

It's never too soon for fitness training, says Susan Edwards, whose students include newborn babies. Edwards, a registered nurse in Labor and Delivery at Moffitt/Long, teaches exercise to expectant and new mothers under a program she created called Moms on the Move. And the "Diaperobics" she pioneered is now offered in exercise studios throughout the Bay Area.

"A lot of women don't know how to touch their babies," says Edwards, who bases Diaperobics routines on movement and infant massage. Mother and baby work out as a team, and the exercises—"gentle, simple things that take advantage of a baby's natural reflexes"—are geared to its physical development from start to crawling.

Rolling the tiny student on top of a beachball, for example, helps it develop upper body coordination. In a "flying" exercise, the baby is introduced to the use of its abdominal muscles, while mother builds upper body strength to compensate for her new routine of hunching at home. Mother strengthens *her* abdominal muscles by lying on her back and hoisting the baby up and down on her knees—while, in this one, baby just enjoys the ride.

Edwards, who runs, bikes, swims and skiis, says that she started exercising to lose weight. She then found that a regular routine—such as an evening run—also relieved the stress of juggling school, career and motherhood. And, she says, it's just as important for women to maintain their physical well-being during and immediately after pregnancy. She decided to specialize in helping them do it safely and soon expanded instruction to include the new babies that were brought to class.

Today, the Diaperobics program keeps growing. Edwards is in the market for more instructors, and she gives teacher training classes, with continuing education credits, four times a year.

She currently teaches 16 classes a week in addition to working the night shift at Moffitt/Long. The rest of the time is reserved for daughters Chantee, 9, and Noel, 7.

Where does she get her energy? From the exercise, she says.

Michele Liapes

Canoeing on the Bay

The coastal skies are clear, this crisp and salty morning early in spring—surely an ideal day for a canoe trip on Drake's Estero, Pt. Reyes. About 20 people in assorted waterproof garb mingle at the put-in point, an oyster farm at the estero's tip. The mood is optimistic, even as trip initiator J.R. Krevans, Jr., explains a change in plans.

J.R., a UCSF senior resident in internal medicine at Mount Zion, is an outdoorsman who canoes both whitewater and flatwater. He has volunteered to share the estuary—a favorite natural spot of his—with the others for an Outdoors Unlimited adventure in flatwater. But today, winds and an extreme low tide have shifted the mud bars, making the shallow inlet uncanoeable this time. Instead, the group will explore out of Heart's Desire Beach, on Tomales Bay.

Outdoors Unlimited is the UCSF outdoor cooperative, partly supported by student fees. Participants include campus staff, students and neighbors living in the community. The philosophy is that Outdoors Unlimited belongs to all, and it is up to everyone to make it work. For instance, J.R.'s role as "initiator"—not "leader"—is critical. "On a trip," he says, "everyone exchanges information—on boats, places to go, natural history. Initiating one is an opportunity to provide ideas and guidance. You act as a catalyst, not a shepherd."

People bringing knowledge to today's exchange come from a mix of activities, on and off campus. Patty Berg, a recreational therapist at Langley Porter, and building contractor Garrett Jones are here for more than a day. Along with a couple of others, they plan to find a beach site where they'll camp and feast on fresh oysters baked in the coals of an open fire. Doug Shields, who teaches sea-kayaking to the handicapped, is an experienced boater on his first outing with OU. Ron Hoogenboom, a Dutch graduate student in human nutrition, is a veteran participant after only a few months at UCSF. Premed student Harlene Cohen is along, too, and so is Marcy Gruenhut, a business manager and the day's co-initiator.

The caravan of canoe-topped vans, station wagons and compacts noses over the hill toward Tomales Bay. Tall, animated Harlene Cohen brings up the rear, two canoes balanced securely on the roof of her well-weathered Volvo. She is one of the "original OUers," an active volunteer since the mid-70s, when she was a physical therapy student on campus.

Harlene learned to whitewater with OU, and now teaches some of its clinics, which—like all the clinics in the program—are designed to impart know-how, safety and respect for the environment. Learners in turn become the teachers and trip initiators, she says. "OU is a resource for sharing the outdoors with others. One may have boating or backpacking skills, someone else is a marine biologist . . . what is wanted is your energy in some form."

Companionship is a guarantee, she says, and more convivial than a cocktail party crush. "If you're cooking together, traveling together, having experiences together, it's easier to make positive connections. . . . When someone on the trail helps you scrape the wax off your skis, something warm happens." She pauses. "And if you don't fall in love on a long river trip, there's something wrong with you."

At Heart's Desire Beach, people untie canoes and kayaks, cart them to the shoreline and push off. Doug Shields zips efficiently through the waves in a kayak. He slows to eyeball a beginner, while churning the water, paddle in both hands. "Straighten your top arm," he calls out. "And keep your hand on top of the paddle. Put your other arm farther down. Now pull with your bottom arm as you push with the top." He darts off. The beginner makes progress.

Patty Berg and Garrett Jones shout their greetings as they glide by a canoe carrying two women and a dog. They jokingly invite all three aboard for martinis. Then they all laugh, and Berg and Jones pull away to catch up with the front-runners.

Some three miles onward, the last canoe arrives at the isolated sandy cove for lunch. The menu has been carefully unplanned. Potluck fare includes bagels, brownies and a half-pound of freshly ground coffee. Ron Hoogenboom passes a tin of homemade sweet rice cakes. Ron, here for a short six-month research project, says that he's making the most of a novelty—the Bay Area's ready access to wilderness camping, boating and skiing.

The sand is warm, and the hot coffee goes down

On ground, trip initiator J.R. Krevans, Jr., and Doug Shields make the coffee. Below, on the water in Tomales Bay. At right, adventurers prep their canoes.

well as people talk quietly.

Someone reminisces that quality coffee-making was the top priority on the last trip. "We brought 18 pounds of beans! *Beans!*"

"That's my half brownie you just took. . . . But that's okay—that's what OU is all about."

"The waiting list for a permit to go down the Grand Canyon is eight years. . . ."

"I haven't recovered from last weekend."

"You should see the fossils at Limantour Beach. . . ."

"I haven't done flatwater in years, but I started to remember okay. . . ."

The minus tide has turned. J.R. is restless and rigs a makeshift spinnaker to the front of his canoe. The vivid blue poncho catches the wind, and he leaves the paddlers behind.

Back at Heart's Desire Beach, no one wants to call it a day. A few head back, out for late afternoon maneuvers, testing their skills on one another's canoes. Doug Shields finishes tying his kayak to the roof of his car and turns to extol the superiority of a butterfly knot. Someone else draws maps for the dinner spot, an oyster place on the other side of the bay. Then, a beer, a change of clothes, and the last one is ready.

"We had a good time anyway, even if we didn't get where we were going," says Marcy Gruenhut, trip co-initiator. Business manager for a film distributors' cooperative, Marcy recently completed an OU whitewater clinic. Today was her "first venture into leadership." She is quick to say that J.R., the one familiar with Drake's Estero, checked the tidal schedules and did the masterminding. Still—the experience has been positive.

"Next trip," she says. "I'm going to do the research."

Michele Liapes

Outdoors Unlimited Offers Variety of Trips and Clinics

Outdoors Unlimited runs a year-round program of outings and clinics that includes rafting, kayaking, canoeing, sailing, windsurfing, bicycling, hiking, climbing, backpacking, cross-country skiing, nature exploration, plus first aid.

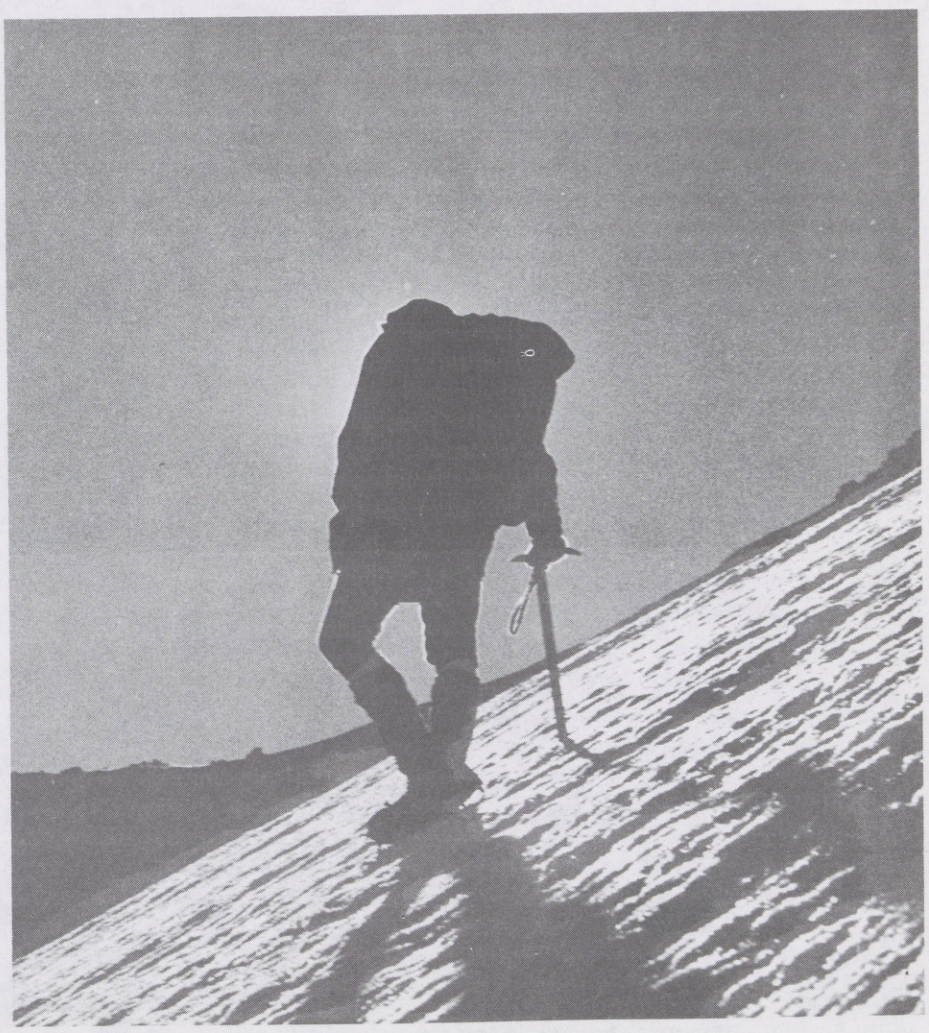
The list is always growing, as new people keep returning from trips and clinics to contribute their own interests and knowledge. This interpersonal energy—people sharing their skills, wilderness lore and enthusiasms—is what makes UCSF's unique outdoor cooperative a success, say the students, campus staff and members of the community who take part.

Today, more than 200 volunteers plan and initiate events, teach clinics, maintain equipment, publicize activities and staff the center. Boats, camping gear, cross-country skis, car racks and other equipment can be rented at reasonable rates, with discounts for UCSF students, Millberry Union members and Outdoors Unlimited volunteers. Resources include books, maps and information on wilderness permits, campgrounds, river flows and weather conditions.

Sign-up sheets for most activities are posted in the Outdoors Unlimited office two weeks beforehand. Participants work out specifics themselves at a short evening meeting before the trip. Informal get-togethers are held four times a year for volunteers, participants and newcomers to meet, trade ideas and make plans for the coming season. The next one is on June 5 at 7:30 pm in the Millberry Union Lounge.

The current office address is 24 Kirkham Street, above Fifth Avenue. A move to Parnassus Avenue, to the old University Hospital building, ground level, near the School of Dentistry, is planned for late spring.

Center office hours are Monday and Friday, 11:30-1:30 and 5-7 pm; Tuesday through Thursday, 11:30-1:30 and 4-6 pm. For more information, call ext. 2078.



A Springtime Landscape

The campus landscape is more than green on green, depersonalized by concrete and glass. It has its own subtle flow of seasonal colors and textures. At this time of year, midspring flowers, wild and cultivated, mix with fruit trees in bloom, hardy evergreens and pungent eucalyptuses.

For an overview on foot, start on Parnassus, where recent landscaping has begun to soften the avenue's urban and windy edges. At the corner of Medical Center Way, there's the wall of reddish-leaved Reeves Hebe at the Langley Porter playground and, off the street to the west, is an intimate minipark between Langley Porter and Long Hospital.

Next is Moffitt Hospital Circle's contoured lawn, with its stand of young Lombardy poplars just sprouting their new leaves. Two circular planters of primroses brighten the main entrance to the Medical Sciences building.

Down the hill, in planters alongside the old UC Hospital building, is a row of shrub New Zealand *Meterosideros,* commonly called the New Zealand Christmas tree after its clusters of red flowers now coming into bloom. Young coast redwoods and Monterey cypress dot the slope outside the School of Dentistry building. In front of the Faculty-Alumni House at the corner of Fifth Avenue, the spines of the Australian evergreen, *Grevillea canberra,* seem even shinier against the curly pink petals starting to unfurl.

Return by the back way, one block south on Fifth, and up Kirkham Street, which is lined with towering elms and flowering plum trees. On the right, the Proctor Foundation's white Hebe is in luxurious bloom next to a green ground cover of deciduous ivy.

Continue a short way up the back road, past irregular groupings of eucalyptus, deep yellow Scotch broom and fragrant blue California wild lilac *(Ceanothus speciosa).* A narrow, ivy-lined walkway, beginning at the side of the Laboratory of Radiobiology and Environmental Health, leads to the School of Nursing, past the back of the Clinical Sciences building. To the left is Garibaldi Court, a secluded retreat ringed with planters of purple Hebe and red Australian bottlebrush *(Callistemon citrinus).* The next alcove is even more colorful, with its flowering apple and cherry trees, a cascade of rosemary in blue-violet bloom, red and pink camellias and a sloping bank of rockrose *(Cistus carbariensis)* with spring masses of white and yellow flowers—all dominated by one stately magnolia.

Walk through the School of Nursing building to Saunders Court. Early morning and late afternoon are the best times to appreciate its pink and red rhododendrons, the blue-stalked, floppy-eared lily of the Nile *(Agapanthus africanus),* the purple clammy hopseed bush *(Dodonaea viscosa)* with its shaggy orange bark and purplish-green leaves, and the billowing, dark green false sandalwood *(Myoparum laetum)* shading some low concrete seats along the side.

But highlights shift with time and the season. For an appreciation of a landscape's design, look again at the shapes, shades, size and textures of the greens, in relation to one another and to the buildings, distant hills or unfilled space around them.

Alfredo Pons

Free-lance writer Alfredo Pons has a background in horticulture and is a UCSF gardener.

Gardener's Care and Know-How

UCSF's gardeners: kneeling, Pete Balich; sitting, Tom McEneany, Debra Collins, Ellen Barrett, Alfredo Pons; standing, Frank Inferrera, Tim Lipinski.

A staff of seven invests care, know-how and creativity in planting and maintaining all campus grounds. New planting has been part of the routine of these gardeners since establishment of the campus beautification program four years ago. Maintenance is both varied and challenging. The five men and two women feed and water plants; control the onslaught of weeds, worms, aphids, gophers, fungi and molds; prune and shape trees and shrubs; aerate soils so that roots can breathe; and "dead-head" any flowering plant of the wilted blossoms that sap its strength.

Each gardener is responsible for a particular area, but they all mobilize in poststorm crews to clear logs and underbrush from Sutro Forest or to clean away the ankle-deep sludge that's washed down onto roads.

The Parnassus Heights climate is obstinate most of the year, with its shifting mix of winds, salt air and pockets of sun. It makes gardening at UCSF a thinking job, as all seven continually analyze the most effective ways to water, fertilize or nurture growth in their areas.

Support for the program has been wholehearted, according to grounds superintendent Robert Falcone, who says that gardeners match the enthusiasm with their perseverance and ideas for improvements. Though the climate can be discouraging, its caprices never defeat them, says Falcone. "They all keep chipping along."

Amy Levine, director of the new Women's Resource Center.

Women's Resource Center

This campus has an abundance of resources for women, including the women themselves, says Amy Levine. Her objective is to maximize the resource potential and its access to women staff, faculty and students.

Levine is director of the new campus Women's Resource Center, which opened this month at 1308B Third Avenue. The center is part of the Office of Public Service Programs.

Levine will act as liaison to numerous but "scattered" resources that are already available, such as campus professional and personal counseling services, the Child Care/Study Center and the Rape Prevention Education Program, which she coordinated for four-and-a-half years. The bulletin board, file and library of the one-room center will maintain up-to-date information on services, opportunities and events not only at UCSF but also on other campuses and in the community.

The center's own activities—such as support groups, counseling services, films and lectures—will evolve in response to need, says Levine, whose first priority is seeking ideas and suggestions from women on campus.

Women's issues, Levine says, break down into widely diverse areas. A clerk typist's problems, for example, may be different from a junior faculty member's, and a single mother's from those of a career woman with no children.

In short, whatever the issue, "It's important to be exposed to what's being done and what we can do for one another," she says. "Women can learn from each other's experiences. We are not alone in dealing with problems."

Members of the campus may call Levine at the center, ext. 5836.

QUESTION

What is the best deal on campus?

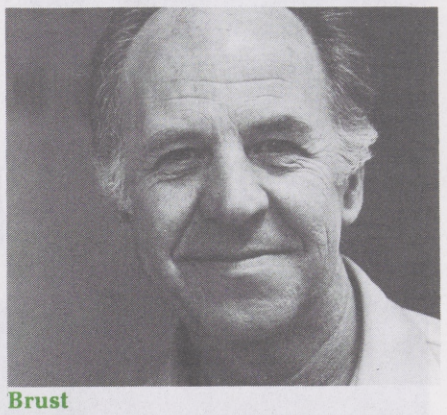
Renee Maas, management service officer, Animal Care Facility: The Thursday and Friday films (sponsored by the Committee for Arts and Lectures). They are first-run movies, like *Body Heat* and *The French Lieutenant's Woman,* and you only pay $1.75. I especially like the fact that on Thursday they start at 5:45 pm, so you don't have to go home first, then come back. There are also a series of movies for the kids in the summer which I'll take my son to when he's older.

Florence MacDonald, senior clerk typist, Department of Radiology: The UCSF Library. I use it all the time at noon and even after work before I go home. It is so convenient and employees can check out books. I like the *OED [Oxford English Dictionary]* and the browsing room as well. I can also look things up for my classes—a Spanish-language class and one on how to eliminate stress from one's life. I also like reading the papers there, like the *Manchester Guardian,* to get news from other parts of the world.

Tina O'Dell, administrative assistant, Department of Radiology: I like the flower kiosk in the Millberry Union court. Seeing it on the way to and from work brightens up the day. I can always get fresh flowers conveniently. Especially Friday evenings, if I'm having people over to dinner, I can pick up flowers on the way home.

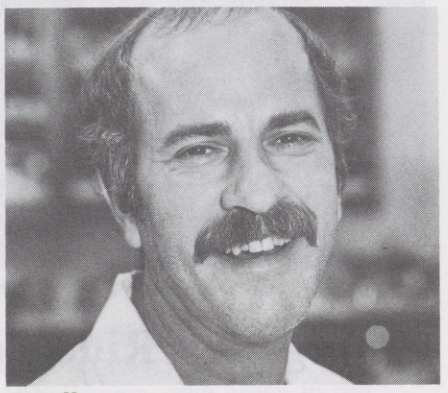
Chris Brust, administrative assistant, Bear's Wares: The location. You get fantastic, million-dollar views, and it is not that hard to get to work by public transportation. I go to Golden Gate Park at lunch and can even spend 20 or 30 minutes at the museum. You have the Japanese Tea Garden at your back door.

Berry



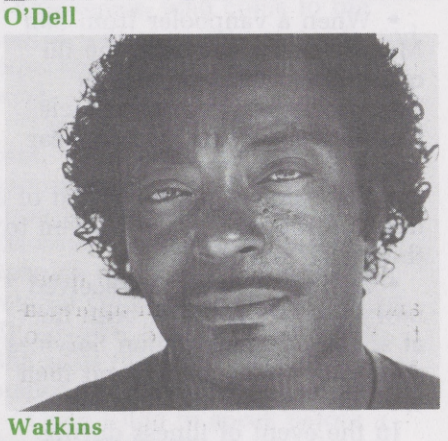
Brust

Kashka



O'Dell

MacDonald



Watkins

Gerodias

Vanjean Gerodias, histotechnologist/assistant supervisor, Histopathology Lab: The Moffitt gift shop. I can buy cards for all occasions. It is especially convenient because, from time to time if you hear a co-worker is sick, you can run down to buy a card. There is a good, reasonable, simple selection. The card can be bought the same day you need it and when you're working all day that helps. The shop has a good variety of cards for all occasions, not just for illness.

Bill Kashka, histotechnologist, Histopathology Lab: The employee cafeteria. Some people complain, but I've worked at other hospitals and the UCSF cafeteria offers a good variety of food, a good selection of sandwiches, salads, entrees. The prices are reasonable to excellent. Those who complain haven't been to other hospitals lately. The quality of food here is above standard. I love tuna salad sandwiches and the fried chicken. The desserts are excellent. The cafeteria employees are very helpful and courteous.

Mattie Berry, lab assistant, Proctor Foundation: The women employees' lounges. I have worked here for 22 years, and there have been many added since I came. Now, there are nice places for quiet and rest—the second-floor Moffitt lounge, the one in the Moffitt basement, the sixth-floor Moffitt solarium and the third-floor mezzanine lounge in the School of Nursing building. I've met new employees from other departments, and our talks have grown into good, friendly relationships.

John Watkins, senior custodian, Environmental Services: I don't see any good deal on campus. I only have a half-hour lunch. I've worked here five years and all I have time for is the work. I'm overworked and underpaid. More money, that would be a good deal.

BULLETIN BOARD

UCSF will celebrate National Hospital Week, May 6-12. This year's theme, "We're the Caring Kind," emphasizes the qualities that make hospital personnel vital to the health of the community. Buttons, noting this theme, will be distributed to hospital staff, and each patient will receive a flower and greeting card. Photos of hospital staff at work will be on display in the Medical Sciences lobby during that week.

To assist departments in developing safety and training programs, the Environmental Health and Safety Office maintains a library of audiovisual and written materials for use by employees. For more information, call Marv Shepherd at ext. 2684 or 1300.

The campus Police Department provides a free fingerprinting service for children of UCSF employees and students on Fridays, 9 am to noon, H level of Millberry Union. Completed fingerprint cards should be retained by the parent or guardian and submitted to the investigating agency only when the child is missing. To make an appointment, call Linda Smith, ext. 1414.

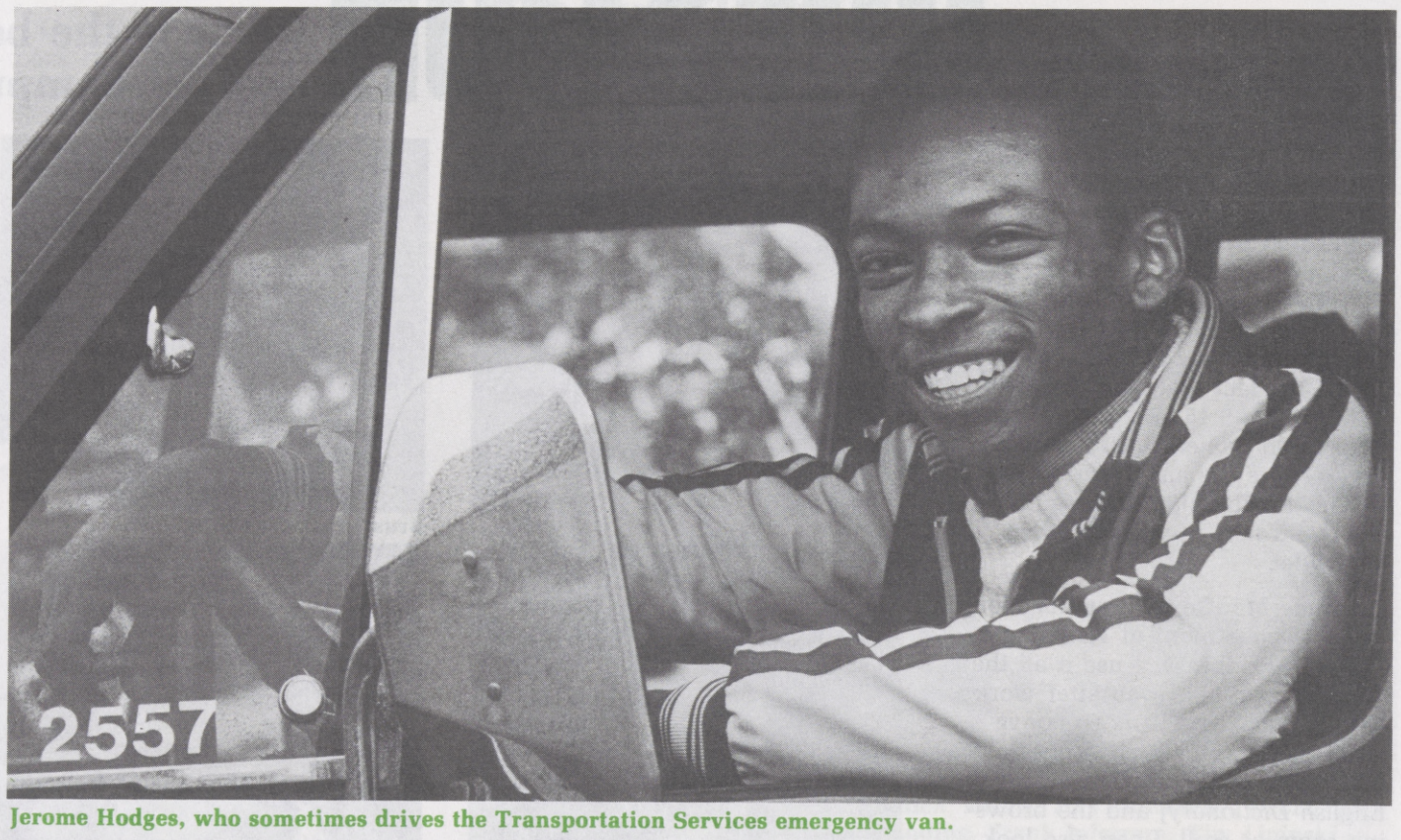
Hospital Administration is updating its list of employees who serve as volunteer interpreters. Employee volunteers who speak Cambodian, Korean, Laotian or Vietnamese are desperately needed. For information, call Nancy Vega at ext. 1401.

Employees at SFGH and CED are reminded that a satellite office of Personnel's Employment Division is open weekdays, 10 am to 4 pm, at CED, 1855 Folsom St., Room 131. Job announcements, applications, screening interviews, transfer and promotion information and job counseling are available. The Campus Affirmative Action Outreach Recruitment Program is administered there as well. For more information, call Bob Rojas at ext. 5357.

A one-day women's self-defense workshop will be held on Saturday, May 19, 9 am to 5 pm. The cost is $10 to UCSF staff. For information and registration, call the Rape Prevention Education Program office, ext. 5683.

GAZETTE

TRANSPORTATION



Jerome Hodges, who sometimes drives the Transportation Services emergency van.

Emergency Ride Service Available

• When a vanpooler from San Mateo came down with the flu one mid-morning, a campus Transportation Services vehicle took her to her car, parked near Highway 280.

• An Oakland man, notified of a death in the family, was driven to the BART station.

• Another commuter received news that her son had been hurt at school. Transportation Services drove her to the school and then took mother and child home.

In the event of illness during work, a child's sickness or injury at school or a fire or robbery at home, the Emergency Transportation Service is available, between 8:30 am and 4:30 pm, to any employee, faculty member or student who does not commute by single-occupant vehicle. If all office vehicles are in use when someone needs an emergency ride, a taxi voucher will be provided.

Service is directly to the door within the San Francisco city limits. Beyond them, people are usually taken to a convenient public transit stop, such as a BART station, the SamTrans or AC transit terminals or—for Marin and Sonoma residents—the Golden Gate Bridge toll plaza. "Of course, if a place is not accessible by public transportation, we'll take the person all the way home," says transportation manager Jim Wood.

Since drivers are not trained medical personnel, a restriction to the service is that the person cannot be so seriously ill or injured that an ambulance is required.

At present, someone takes advantage of the emergency transportation service about once a month, according to Wood, who attributes low usage to the possibility that people don't know about it or fail to think of it during a crisis.

For information, contact the Transportation Services office, ext. 1511.

NURSING SERVICES

First Distinguished Nurse Award

The Department of Nursing will present the first Distinguished Nurse Award on Monday, May 7, 12-2 pm, in Millberry Union.

The purpose of the award is to recognize an outstanding contribution in patient care and to foster professional and public awareness of achievements in nursing practice. A certificate of award and $500 will be presented to a nurse actively involved in practice, education or administration.

The nominees for the award are: clinical nurses Susan Barbour (9-Moffitt), Parry Dent (15-Moffitt), Geoffrey McEnany (LPPI Unit A), Lucy McLaughlin (6-NS), Jean Reimer (Intensive Care Nursery), Michaela Thompson (8 East); administrative nurses Cynthia Barton (Kidney Transplant), Mary Ann Broker (LPPI Emergency Services), Beverly Lueth (12-Moffitt); and nurse practitioner/administrative nurse Geraldine Collins (Ambulatory Care Center).

A committee has reviewed the nominations and a panel of four judges, none of whom is affiliated with UCSF, will select the winner.

AUXILIARY/VOLUNTEERS

Leona Hansen-Nealey

New Volunteer Service Director

The Volunteer Service has a new director, **Leona Hansen-Nealey,** who comes to UCSF this month from O'Connor Hospital in San Jose, where she headed the volunteer program. She will oversee recruitment, placement and orientation of UCSF volunteers.

In volunteer recruitment, a main objective of the UCSF program is the continued appeal to people from the community, says assistant coordinator Roberta Heidt. And the number of community volunteers is growing, she says. She calls those who give their time outside work and family "really special people."

Two of them are **Etta Hofsas** (April Volunteer-of-the-Month) and **Catherine Bailey** (February). Hofsas has come regularly for the past eight years to keep a loving, attentive eye on Moffitt's sixth-floor Pediatrics Playroom and the hospitalized children who need such delicate handling and care.

Bailey joined the volunteers three years ago and says that the fulfillment she gets from bringing refreshments to patients in the Orthopaedics Unit, filling their requests and running errands makes her evening once a week.

Two students were also named Volunteers-of-the-Month. **Donald Masuda** (January), who is vice president of the Asian Health Students Alliance at UC-Berkeley, works as a support person for staff, patients and families in the Emergency Room. **Hank Stachura** (March), a premed student at S.F. State University, works in the Post-Anesthesia Recovery Room, answering phones and helping transport patients to their units.

Volunteers said farewell this month to a longtime participant from the community, **Henry Korte,** who leaves to travel after 12 years of work in the Pediatrics Unit.

Alicia Escalante, Ana Franco, Felisa Perry, Lyndon Chow and instructor Anja Miller in ESL class.

Employees Take English as Second Language

A course in English as a Second Language (ESL), especially designed for people who work at UCSF, is helping foreign-born employees to build self-confidence and sharpen their communication skills.

Sponsored by Personnel's Development and Training Division, the eight-week course meets twice weekly from noon to 1 pm. The instructor is Anja Miller, an administrative assistant in the Cardiovascular Research Institute, who came to this country from Finland in 1960. A two-year UCSF employee, she has a master's degree in English as a Second Language and previously taught English to foreign students at Stanford.

The widely used ESL method, developed at the University of Michigan, makes it possible to bring groups of people with many different linguistic backgrounds together and teach them English by using it as the sole language of instruction. Typically (for example, in the large community college ESL programs), students are divided into beginning, intermediate and advanced classes, depending on their proficiency.

The UCSF employees' ESL class is different. "It's more like the Little Red School House," according to the instructor. The members have a broad range of fluency in English, and Miller uses an individualized approach in teaching them. Last winter's class had nine students, all with different backgrounds and UCSF jobs.

To determine each student's special needs, they all take an English aptitude test. Then each individual learns at his or her own pace.

Oral practice includes group discussion and simulated one-to-one telephone conversation. Topics focus on the campus whenever possible. Students practice pronunciation by making tape recordings, which are later analyzed by the instructor.

Social customs as practiced in this country are also explored: how to introduce a visitor to the boss, for example, and how to respond when introduced to others.

There are written assignments, too—short essays on "My Job" and other campus subjects, such as the parking problem. Classroom exercises and homework are designed to help with grammar, spelling and vocabulary.

Employees, who come to the course with a variety of needs and expectations, say these techniques work.

"I wanted to improve my accent," says Alicia Escalante, an administrative assistant in the Department of Otolaryngology. Escalante, who is bilingual in Spanish and English, went to secretarial college both in her native El Salvador and in this country. She adds that the course has also helped her conquer stage fright.

"Once I had to speak before a large staff meeting in my department and answer questions on University benefits. I was a nervous wreck. Now that I have taken this class, it will be much easier."

Felisa Perry, a senior clerk in Laundry Services, comes from Manila, where schoolchildren receive most of their instruction in English. But she found that she had to bridge a cultural gap when she came to America. "There are so many subtle differences in the ways Asians learn to express themselves and the way it's done here," she says.

Lyndon Chow agrees. A word processing specialist in the Graduate Division, he learned English at school in Rangoon, Burma, and when he came to San Francisco graduated from SF State University. He believes the ESL course has made a difference in the way he handles his day-to-day duties, one of which is giving telephone information about the Graduate Division to prospective students and other callers.

One class member who spoke very little English when she came to the first session early this year is Maria (Cida) Costa, a Brazilian surgeon who is here on a fellowship sponsored by her government. Based primarily in the UCSF-affiliated microsurgery laboratory at Ralph K. Davies Hospital, she has made a special effort to attend the lunch-hour classes on this campus. "In just eight weeks, she made remarkable progress in mastering English," says Anja Miller.

Another ESL student, born in Peru and trained in Spain as a physician, is Glady Rios, a phlebotomist in the UCSF outpatient laboratory. "I can find many people on campus who speak Spanish," she says, "but I will only talk to them in English. It's the way to learn." Since taking the course she feels more at ease with patients.

Claire Leeds Wray

Ed. note: Although the spring session of the ESL course is in progress, prospective students may still enroll by calling ext. 4032. Call this number also for information about other courses offered by the Development and Training Division. There is a fee of $35 for the ESL course, which in many cases is reimbursed by the employee's department.

Chauncey Leake Day on May 22

The fourth annual Chauncey Leake Day, commemorating the late Department of Pharmacology founder and his zest for life, will be celebrated on Tuesday, May 22.

Festivities begin at 11:30 am with the dedication of a marble bust of Hygeia, Greek goddess of health, in the minipark between Langley Porter and Long Hospital. The statue was donated by San Francisco resident Constantine Raises and created by local sculptor Harriet Moore.

The annual stretcher relay race will start at noon in front of the Medical Sciences Building. The lunchtime picnic will feature hot dogs, lemonade and desserts for sale, music by the UCSF Marching Band and the drawing to select the campus' runner in the Olympic Torch Relay. Another traditional highlight will be the sale of seasonal flowers for planting at home—this in tribute to Leake's love of plants.

Leake, the scientist, was also a humanitarian, naturalist and poet. Leake, who died in 1978, spent 50 years at UCSF and was regarded as "the conscience of the campus."

Speakers Needed

The Community Health Education Program (CHEP) needs speakers to present health talks to the elderly. The program provides much-needed health promotion discussion to some 40 senior centers in the city. Topics include arthritis, backaches, cardiac care, exercise, eye care, stress, nutrition, drugs, sexuality, among many more.

Some 120 UCSF faculty, staff and students have already donated their time, but they need help and relief. For more information, call David Bracker at ext. 3206.

The UCSF Journal, a publication of the University of California, San Francisco, for the campus community
532 Parnassus Ave., S.F., CA 94143
(415) 666-2557
Julius R. Krevans, MD, Chancellor
Michela Reichman
Assistant Chancellor, Communications

April 1984, Vol. 8, No. 2

Editor: Andy Evangelista
Associate Editor: Jeanne Duell
Designer: Carol Kummer
Layout: Lydia Young

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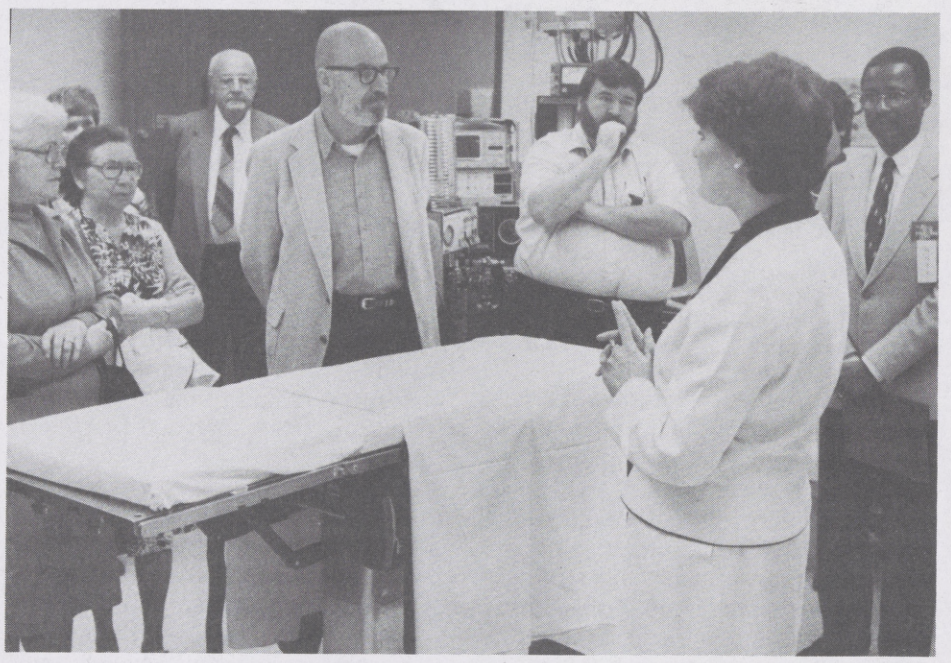
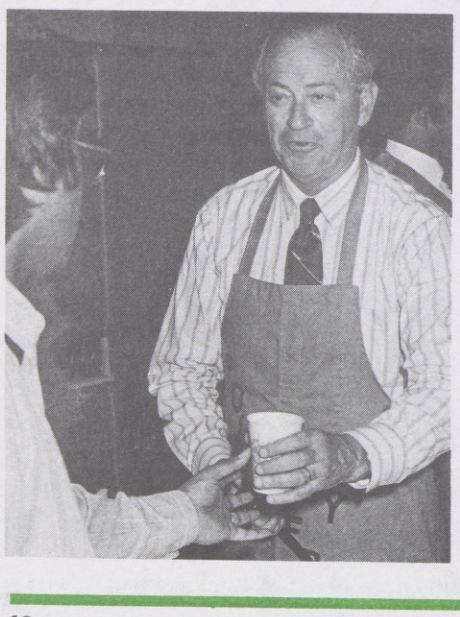
Founders Day

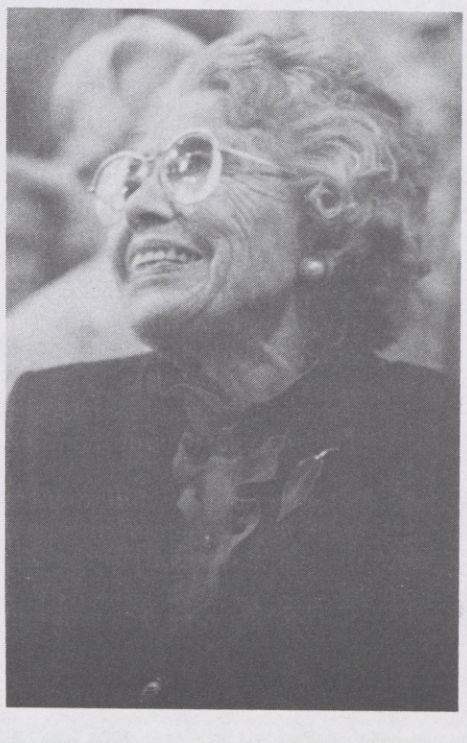
Some 800 staff, faculty, alumni, students and friends of the campus celebrated Founders Day, March 24. They toured research and patient care facilities and attended presentations on new developments in health care and the biomedical sciences.

One of the highlights was the unveiling of the Willard C. Fleming portrait in the Medical Sciences lobby. School of Pharmacy dean Jere Goyan, dental alumni president Donald W. Martin, Research and Development Laboratory director Freeman Bradley and UC President Emeritus Clark Kerr spoke on Fleming's personal warmth and his contributions as dean of the School of Dentistry and chancellor of UCSF. UC President David P. Gardner and Chancellor Krevans delivered keynote talks on "Research in Service to Humanity."

Two thousand staff, faculty and students kicked off Founders Day at a party in the Millberry Union gym the evening before.







Clockwise from top right: A young guest at Founders Day luncheon; *Sugar Cane,* led by guitarist and Mail Division employee Marcus Lopez, provided music at kick-off party; Susan Hopper, Transplant Service coordinator, explains kidney transplants during Founders Day tour; Carlotta Fleming, wife of the late Chancellor Emeritus Willard C. Fleming, at portrait-unveiling ceremony; Chancellor Krevans serves drinks at kick-off party; head nurse Marianne Cahalan shows operating room equipment; dancing at the kick-off party.

CAMPUS MAIL
University of California, San Francisco